

Aqualyte Fluid & Electrolyte Rehydration Supplement

Aqualyte[®]

Hydration that works harder and faster



Product Overview

Aqualyte has been scientifically formulated for prolonged use by workers to prevent heat-related illnesses caused by dehydration. Aqualyte was originally developed after extensive research investigating the effects of dehydration on the health and performance of underground miners, but its benefits are important for all workers exposed to hot environments and dehydration.

At Maxisafe, we know how important hydration is for workers in helping regulate body temperature otherwise they can suffer from heat-related illness which increases the risk of workplace accidents due to mental and physical fatigue. prevention of heat related illness.

Aqualyte is provided in sachets of **Orange Citrus**, **Lemon Lime** and **Berry** flavor.

Active Ingredients

Orange Citrus	Lemon Lime	Berry
Sucrose	Sucrose	Sucrose
Glucose	Glucose	Glucose
Citric Acid	Citric Acid	Citric Acid
Sodium Chloride	Sodium Chloride	Sodium Chloride
Potassium Citrate	Potassium Citrate	Potassium Citrate
Sodium Citrate	Sodium Citrate	Sodium Citrate
Sunset Yellow Colour	Sunset Yellow Colour	Natural Flavour & Colour

Aqualyte Fluid & Electrolyte Rehydration Supplement

Nutrition Information

Serving size 250ml			
	Avg Qty Per Serve	Avg Qty Per 100 mL	
Energy	153kj	37 kj	Available in: 25g Sachet 80g Sachet 400g Sachet 480g Tabs 800g Sachet
Protein	0g	0g	
Fat, Total	0g	0g	
Saturated	0g	0g	
Carbohydrate	9.3g	3.7g	
Sugars	9.3g	3.7g	
Sodium	70mg (3 mmol)	28mg (1.2 mmol)	
Potassium	30mg (0.75mmol)	12mg (0.3mmol)	

Indications

Used to help replace fluid and electrolyte loss caused through sweating during exercise, work or general activity. Suitable for all ages.

Dosage & Administration

Mix according to instructions with potable drinking water to ensure the correct concentrations are achieved (Hypotonic solution 150mOsmol/L).

25g Sachet	Mix with 600ml water
80g Sachet	Mix with 2 litres of water
800g Sachet	Mix with 20 litres of water

FOR ORAL ADMINISTRATION ONLY. After mixing, consume within 24 hours if not stored in a refrigerator. May be stored in a refrigerator for up to 2 weeks.

Drink in proportion to sweat loss.

For prolonged use throughout the day alternating between the consumption of plain water and Aqualyte in a ratio of 2:1 is an effective hydration strategy in most environments. A ratio of 1:1 is suitable in harsh conditions where the workers is at high risk of experiencing dehydration.

Safety Use in Human

Mix according to instructions.

Diabetics need to ensure they take into account the use of Aqualyte in their daily management of total sugar consumption.

Storage

Store unopened packets in a dry place out of direct sunlight.

Shelf Life

2.5 years.

